





INERARY

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WHAT TO EXPECT

At RVIVAL, our expertise lies in crafting exclusive experiences that stand apart from conventional sightseeing tours. Each of our meticulously designed experiences serves a distinct purpose: to facilitate a profound reconnection with nature. These tailor-made offerings are thoughtfully curated for every location, focusing on teamwork, adaptability, and dynamic engagement.

On the ground, our RVIVAL team comprises seasoned industry professionals and guides who ensure that your journey is not only extraordinary but also aligned with your individual aspirations.



INFIBUNISRAIRY

At RVIVAL, we offer distinctive wilderness experiences that revolve around framework itineraries, rather than rigid guided tours with fixed daily plans. Below, you'll find an overview of the outline plan for your Wild Scotland experience, focusing on the essence rather than granular specifics.



Saturday 20th April 2024

At 08:40 AM, your adventure begins with your arrival at Fort William Railway Station, where you'll be warmly welcomed by the RVIVAL team. The day kicks off with a visit to the Commando Memorial, offering a deep dive into the history of the Commandos and setting the stage for the day's adventure. From there, we'll venture into the wilds, embarking on an expedition that includes hiking and packrafting, giving you a true taste of what it's like to journey in expedition style. The adventure culminates with a thrilling Tyrolean traverse into our camp across a river, where you'll be rewarded with a Wild Fire Feast and a section of our Wild Cocktails prepared by our Wilderness Chef. Relax at camp, take a dip in the river, stay warm by the campfire and enjoy this time amongst the elements. The experience wraps up at 17:00 PM as we return to the Royal Scotsman Train, marking the end of an unforgettable day.



Sunday 21st April 2024

The RVIVAL team will meet you at Weymss Station for 12:00. Today you will learn to navigate the shores like a seasoned forager, exploring the coastline for its treasures. As you gather your catch, our guides will share their wisdom on how to skillfully prepare it. At the shoreline, you'll learn the essentials of survival cooking, starting a fire with just the basics and mastering the art of cooking over an open flame. The culmination of this session is a delightful feas, where you'll savour the fresh flavours of your catch. After an action packed day on the Saturday, the afternoon brings a shift in pace as we delve into the traditional crafts of fish skin tanning in the warmth of our bell tent. These ancient skills, passed down through generations, offer a unique insight into the life of coastal communities. Under the guidance of our skilled instructors, you'll get hands-on experience in the process of tanning fish skins – a technique that transforms fish hides into beautiful and durable leather. This day is not just about learning new skills but also about connecting with nature and understanding the heritage of coastal living. As the day winds down, you'll leave with a deeper connection with the coast, and a sense of accomplishment in mastering some of the oldest arts of the seaside.

PACKINGLIST

The following is our suggested kit list for your RVIVAL adventure.

DAY-SACK (30 litre): A comfortable, well-fitting rucksack which is large enough for your water, warm layers and waterproofs.

WATERPROOF RUCKSACK LINER (40ltr): Sealable "canoe" or "dry" bag. This should line your daysack with enough room spare to roll the top over at least 3 times.

1 x TREKKING SHIRT/TSHIRT: Not cotton. Consider long sleeves for sun/insect protection.

- 1 x TREKKING TROUSERS: Quick-drying trekking trousers.
- 1 x MID LAYER: Fleece or similar.
- 1 x WARM LAYER: Synthetic or lightweight down insulated jacket.
- 1 x WATERPROOF JACKET AND TROUSERS: Gore-tex or equivalent, with a hood and large enough to fit your warm layers underneath.



PACKINGLIST

- 1 x WALKING BOOTS: Waterproof, with ankle support. Your boots should be well-fitting and worn in.
- 2 x HIKING SOCKS: That fit well with your boots.
- 1 x TREKKING SANDALS: For river crossings.
- 1 x UNDERWEAR: Sport or Cycling shorts don't chafe.
- 2 x WATER BOTTLE or WATER BLADDER: You need to carry at least 2 litres of water. Nalgene bottles or Camelpack-style systems are recommended.
- 1 x SPARE SET OF DRY CLOTHES: for after packrafting to travel back to the train.



PACKINGLIST

TOILET PAPER. We will also be carrying these toiletries.

ANTIBACTERIAL HANDGEL: Keep this on you.

SANITARY PRODUCTS: Please bring nappy sacks and re-sealable plastic bags for disposal.

INSECT REPELLENT: Eg. Midge off, LifeSystems.

SUNCREAM: Factor 30+.

BASIC FIRST AID KIT: RVIVAL will carry a comprehensive first aid kit so you will only need personal supplies of any medication you normally use. Please inform WILDNIS of any pre-existing medical conditions and medication.

SWIMMING WEAR & TOWEL

HAT.

SUNGLASSES with UV- filter lenses. Consider a sports strap.









YOUR PRE-DEPARTURE TO DO LIST

Our dedication to providing an unforgettable and exhilarating experience is matched only by our commitment to your safety and well-being

Before departure, there's just a bit of prep work needed from you.



PLEASE SEND THE FOLLOWING INFORMATION TO

INFO@RVIVAL.CO.UK

✓ Dietary Requirements.

T-shirt sizes



IMPORTANT INFOMATION

Kindly take a few moments to complete two essential forms:

Please use the links below to fill out these forms at your earliest convenience. We appreciate your time and effort in completing them.

Thank you!

MEDICAL FORM LINK

TOUR DISCLAIMER LINK



SEE YOU SOON!



The countdown has begun! In the meantime, please feel free to reach out to us with any questions or requests you might have.

W: www.rvival.co.uk

T: +44 (0) 737 738 6811

E: info@rvival.co.uk

